

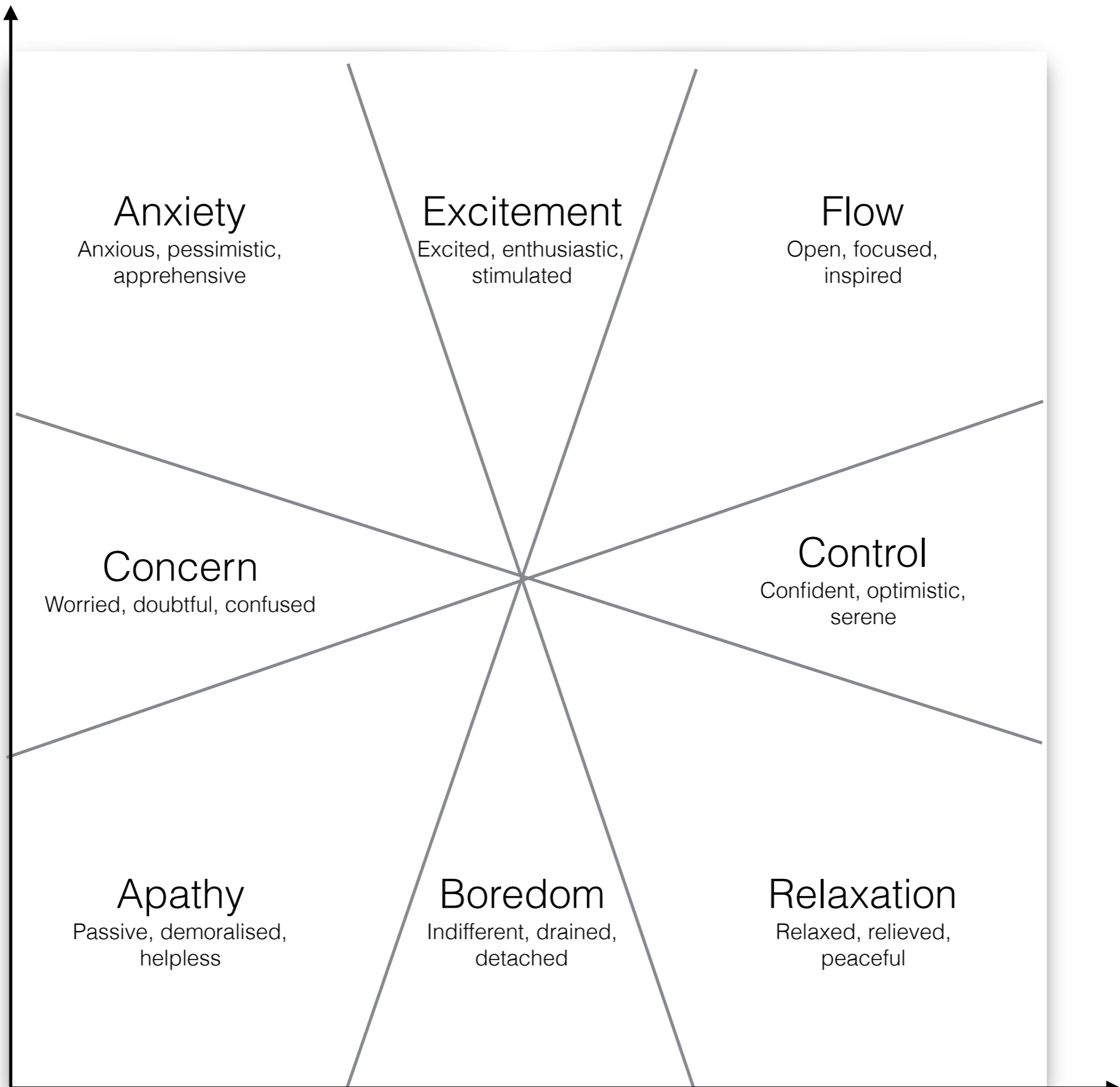
F.A.S.T.

Flow Analysis Survey for Team

Mindset

- Anxious
- Apprehensive
- Confident
- Confused
- Demoralised
- Detached
- Doubtful
- Drained
- Enthusiastic
- Excited
- Focused
- Helpless
- Indifferent
- Inspired
- Open
- Optimistic
- Passive
- Peaceful
- Pessimistic
- Relaxed
- Relieved
- Serene
- Stimulated
- Worried

Challenge



Skill